

## Q&A

### **Canoe Regatta—sounds fun but I don't own a canoe—is this a problem?**

Nothing's a problem! We will have some extras on hand but we are encouraging people to bring their own.

### **What time are the events?**

Friday night events run from 5.30pm to 8.30pm"ish" and on Saturday, the Rotary Relay Challenge – Pound, Pedal and Paddle starts at 9.30am and the other major events will start around 11am. The key phrase for the day is "ish". The goal is to relax, have fun and include as many people as possible in as many events as possible!

### **Where is Rotary Relay Challenge and is it for hard core athletes?**

Goodness, gracious, we're out to have fun—not inflict pain (just make sure you have a good seat on the bike—that's our advice!) The event starts at 9.30 from the shores of Dutch Lake. Go solo or make a team of 2-4 people. Remember...it's not whether you win or lose, it's more about living to tell the tale!

### **What is the route of the Rotary Relay Challenge and what are the chances that I might get lost?**

We won't let you get lost...it all starts and ends at Dutch Lake! Run 5km, bike 10km, and a paddle around the lake (those that go solo can kayak!)—you've got it made! Check [www.ClearwaterCanoeRegatta.com](http://www.ClearwaterCanoeRegatta.com) for updates and route map.

### **I'm new to town and I have some friends visiting—is this just for "locals" or is it open to anyone?**

Gosh darn it—the more the merrier!

### **Lifejackets make me itchy—do I have to wear one?**

Yes you do. Such is life. Let's hope Lulu comes out with a stylish one soon! (extras will be on hand at Dutch Lake if you don't own one).

### **This sounds like a great day—is it really only \$25?**

Yup! Pre-register as a family or a couple and its just \$25 (\$15 for singles). Once you have entered, you can mix with other families or teams for as many events as you wish.

### **OOOPS! I FORGOT! What if I forget to pre-register?**

Hey, life happens. We understand and you can register on the day but just remember that on Regatta Days—it's only cash registration.



## ... More Q&A

### **What's With the Kids Tri? Sounds Fun – Is There Ice Cream Involved?**

What's a workout without the reward of ice cream? Of course we have ice cream! Three categories:

**Kids Mini Try the Tri:** ages 4,5,6 (with a parent or someone in double digits). Bike to Dutch Lake School, run around field, a mini obstacle Course and then bike back to Dutch Lake.

**Kids Try the Tri:** ages 7,8,9,10. Start at IWE, run to Dutch Lake, bike 3 km, swim the length of the Dutch Lake dock.

**Kids Try the Bigger Tri:** ages 11-17. Run 3km, bike 3km and then swim around the Dutch Lake dock.

### **Tennis Round Robin – Do I Have to be Good?**

We've made it easy to swing! Throw your name in a hat and get matched up to play doubles. It's all according to Regatta Code—everything is fun! Each team guaranteed a minimum of 2 matches. Winners move forward, everyone else slides sideways. MUST register by August 31, 2011. All levels welcome!

### **Is The Regatta Top Chef Dessert Competition Back?**

You bet! Strut your sweet stuff! Judging at 4pm at Dutch Lake.

### **What's the Sizzle in the Salsa?**

Glad you asked! First annual Salsa Judging competition—who heats up the kitchen with the best recipe? Judging at 4pm at Dutch Lake.

### **What About Prizes? Are There Medals?**

#### **How About Fame and Fortune?**

Don't quit your day job if you're looking for fame and fortune but we do have a few prizes up our sleeves and probably a few cheesy give-a-ways!

### **How Do I Register?**

Pre-registration at District Office by phone, fax or email.

T: 250 674 2247

F: 250 674 2173

E: [admin@districtofclearwater.com](mailto:admin@districtofclearwater.com)

## **Wave Your Hands in the Air!**

at the 2011 Clearwater Canoe Regatta! Fun For Everyone!

## CLEARWATER CANOE REGATTA 2011

Hosted by  
The District of Clearwater

**TONS of Fun  
at Dutch Lake!**

**REGISTER  
TODAY!**

CLEARWATER

CANOE  
**Regatta**  
2011



Friday Evening and Saturday

**September 9&10, 2011**

[www.ClearwaterCanoeRegatta.com](http://www.ClearwaterCanoeRegatta.com)



Enter as many events as you like...  
or just be a supportive spectator!



EVENTS

NEW EVENT!

**Tennis Round Robin**

September 7th, 8th and 9th 5 – 7pm. Throw your name into a hat to get your doubles partner. All players play a minimum of 2 matches. \*\*Must Register by August 31\*\* All skill levels welcome —it's meant to be fun!

FRIDAY EVENING

5.30pm

**TRY THE TRI**

Starts at Dutch Lake. Sign in at 5pm. **Kids Mini Try the Tri:** ages 4,5,6 (with a parent or someone in double digits). Bike to Dutch Lake School, run around field, a mini obstacle course and then bike back to Dutch Lake.

**Kids Try the Tri:** ages 7,8,9,10. Start at IWE, run to Dutch Lake, bike 3km, swim the length of the Dutch Lake dock.

**Kids Try the Bigger Tri:** ages 11-17. Run 3km, bike 3km and then swim around the Dutch Lake dock.

6-8.30pm—"ish"

**Beach Jamboree**

Kids and teens including BBQ (\$2 / person)

6.30pm

**Regatta Golden Gal Award & Crowning**

Honouring a pioneer woman who has excelled in her volunteer contributions to our community.

7-8.30pm

**IT'S BACK! The Wild & Wacky Scavenger Hunt!**

For teams up to 6 people. Really, really fun! Families, friends, coworkers—you name it!

SATURDAY

9.30am

**The Rotary Relay Challenge—Pound, Pedal and Paddle**

Go Solo or team of up to 4. Run 5k + Bike 10k and paddle around the island. Kayaks and canoes welcome. Team T-shirts win 3 minute head start.

11.00am

**Stone's Throw**

Canoe Race for Wee Ones under 6 (with one adult).

11.30am

**Kids & Family**

Once Around the Island!

12.00pm

**Kayak Race**

Who said the Regatta was just for canoes? The race is on – welcome warrior women, macho men, boys, girls and the leisure class.

12.00pm

**Swimmers Relay**

Teams of 4. Including: Thumbs Up, Toes Up, Towel Up, Spoon Ahead!

12.30pm

**Canoe Relay Race & Challenge**

Teams of 8 manage through 4 legs of a relay. You never know what's going to happen! Make Your Challenge!

1.30pm

**Clearwater Canoe Regatta Race Paddle & Power**

Once around the island.

2.00pm

**NEW EVENT!**

Canoe Olympics Including: Bang & Jump, Gunwale Race (pronounced GUN-ell) And more!

**MINUTE TO WIN IT BEACH STYLE**

2.30pm

**Swim to Shore**

Participants are boated out to the island and it's a race back to the beach!

3.30pm

**Dinghy Dash Surprise!**

Definitely not the same ol' same ol!

1-4.00pm

**Greased Pole Climb**

Who can get to the top of the greased pole and make claim to the \$100 bill?

**Limbo Contest**

How low can you go?

**Tug Of War**

Who has the strongest team?

**Arm Wrestle Competitions**

Who has arms of steel? And lot's more!

ALL DAY

**Regatta Fun & Games**

Beach games, singing, crafts and more.

**Success by Six Games and Activities**

Something for everyone!

4.00pm

**SIZZLE in the Salsa —Salsa Competition**

The search is on for who has the best zip & zest that goes with chips! First annual kitchen salsa competition. Judging at 4pm at the beach.

4.30pm

**Regatta Top Chef —Dessert Competition**

Bring out the cake and dessert pans! It's the Second Annual Regatta Dessert Competition—SWEET Prizes. Judging at Dutch Lake in the Regatta Tent.

5.00pm

**Salmon Bake Dinner**

(by donation) at Dutch Lake

6.00pm

**Simpcw First Nations Drumming**

—at Dutch Lake

CLEARWATER  
**CANOE Regatta**  
2011

**How Do I Register?**

- Register in person:  
**District of Clearwater Office**  
157 Station Road, Clearwater BC
- **By Phone:** 250.674.2257
- **By Fax:** 250.674.2173
- **By Email:** info@clearwatercanoeregatta.com
- Entry Forms are also available on the web [www. ClearwaterCanoeRegatta.com](http://www.ClearwaterCanoeRegatta.com)  
Just drop off your Entry Form at the District of Clearwater Office.

**OOPS!! You forgot to pre-register?**

No problem, you can register at the day of the Regatta but — CASH ONLY registration accepted on day of Regatta.

**Pricing**

**\$25 for families, teams or couples**  
**\$15 singles**

Regatta fee includes entry to as many regatta events as you like. Mix and Match with as many people as you want.

**DUNK TANK!**

It's the Rotary Dunk Tank—come "dunk" some celebrity personalities. All proceeds support Rotary Fundraising Projects

**Questions or would you like to volunteer?**

Please email info@clearwatercanoeregatta.com or call Shelley Sim at 250.674.3286

**Wave Your Hands in the Air**  
for THE Community Event of the Season.  
Fun for Everyone!

Hosted by the District of Clearwater



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